



# the SPA

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VALDUCHARRON

**Open:**

Tue – Sat: 09:00 – 18:00

**To book:**

[spa@vdcwines.com](mailto:spa@vdcwines.com)

or 021 873 1256



## ***Environ Facials***

*Environ was formed by renowned plastic surgeon Dr Des Fernandes. The main aim of the product is to correct any chronic deficiency of vitamin A, anti-oxidants and essential nutrients that may be lacking in our skin, due to environmental damage.*

*Environ's focus is to rehabilitate the skin's natural barrier instead of promoting over exfoliation. Environ is suitable for all skin types, all ages and all photo types, men and women. The products used all include variations of Vitamin C, which is a special oil soluble version, avoiding the additional harmful preservatives, colorants and fragrances.*

### **Deep cleansing and relaxing facial**

with the added benefit of a foot or scalp massage.  
60 min – R580

### **Mini Cleansing Facial**

A basic 'mini' facial, suitable for all skin types.  
30 min - R400

### **Gent's Facial**

(Includes foot or scalp massage)  
Release stress and tension and boost your skin with executive treatment.  
60min - R400

## ***Gatineau Facials***

*The history of this well respected brand begins in 1885 with the birth of an extraordinary Frenchwoman Madame Jeanne Gatineau who devoted her entire life to beauty. She opened her first beauty salon in Paris in 1937 working in close collaboration with doctors and dermatologists to develop her first line of skin care products.*

*Gatineau provides a range of skin care products that truly understand your skins requirements. Beginning life as a spa brand, Gatineau is known worldwide for their innovative skin care solutions - they believe in providing women with the best results, by uniquely combining science and nature to create products that deliver noticeable results. Their range of treatments allows you to achieve a flawless complexion that will leave your skin radiant from first thing in the morning to the last thing at night. Gatineau is a vision of beauty, desired by all.*

## **Flash Facials**

30 min - R300

### **Illuminating Flash Facial**

Suffering from tired, lacklustre skin? This facial rejuvenates and illuminates the skin, leaving you looking and feeling radiant.

### **Men's Express Facial**

This facial not only relaxes and moisturises the skin, but also rebalance the skin through the detoxifying effects.

# Fundamental Facials

60 min – R750

## Moisture Replenish Facial

This technology aims to maintain the ideal moisture content inside the skin, specifically provides the right “osmotic balance”, and to facilitate deep hydration that lasts.

## Nutri Comfort Facial

These products are rich in vitamins and essential ingredients to re-balance, moisturise and calm the skin. Leaving the skin soft, supple and silky smooth and deeply nourished.

## Deep Cleansing Facial

This clarifying treatment with Grapefruit, not only purifies and mattifies the skin, but also rebalances combination and oily skin; leaving you with the perfect completion afterwards.

## Rejuvenating Anti-Aging Facial

With Melatogenine's advanced technology, combined with its probiotics and complex of ultra-powerful antioxidants, we aim to slow down the keratinisation process, leaving you with a younger looking skin for longer.

***ADD AN INTENSE SPECIALIZED MASK FOR ONLY R200 EXTRA***

*Ask your therapist for more information*

# *Specialized Facial Treatments*

90 min – R960

## Plumping Collagen Facial

Fine lines & wrinkles, be gone. This intense facial will leave your skin looking radiant, refreshed and smooth.

## Instant Lifting Facial

This facial targets wrinkles and loss of firmness whilst it leaves your skin ultra-radiant. The stimulation of collagen and elastin reserves to lift and help remould the skin's support structure.

## Premium Anti-Aging Facial

This treatment not only lifts but also reshapes the facial contours whilst it illuminates the skins *complexion, restores ultra rejuvenation and moisture.*

# ***Massages***

## ***Aromatherapy Massage***

Full Body Massage

60 min – R650

Back & Neck Massage

30 min – R350

*Using a light pressure and a blend of essential oils, these massages will ease stress and relieve tension, leaving you feeling relaxed and your aching muscles soothed.*

Aromatherapy Hand Massage

20 min – R190

Aromatherapy Foot Massage

20 min – R190

## ***Hot Stone Massage***

Full Body Massage

60 min- R650

Back & Neck Massage

30 min - R350

*This massage takes you to a deeper level of relaxation. Using rhythmical movements, the heat from the Basalt Hot Stones penetrates to a deeper level than hands alone. The warmth has a healing effect on the body, bringing balance and harmony.*

## ***Swedish Massage***

Full Body Massage

60 min – R650

Back & Neck Massage

30 min – R350

*A firmer pressure is applied during this massage to help combat even the tightest of muscles. This massage has a deep relieving effect on the body.*

## ***Indian Head Massage***

30 min - R300

*This is an oil free massage, which stimulates the scalp and releases any underlying tension in the head, neck and shoulders*

## ***Swedish/Hotstone/Aromatherapy Massage***

90 min - R975

## ***Hands & Feet***

- Full Manicure  
55min -R300
- French Manicure  
70 min – R330
- French Pedicure  
80 min - R345
- Full Pedicure  
65 min – R305
- Re- Varnish  
30 min - R70
- Express Manicure or Pedicure  
(shape, buff and paint of nails)  
30 min - R200
- Mens Pedicure  
65 min - R305

## ***Gel Nails***

- Full Set Gel (hands or feet)*  
75 min - R270
- Full Set French (hands or feet)*  
90 min - R290
- Soak of*  
45 min - R70

## ***Beauty Basics***

### ***(Waxing)***

- ½ Leg or Arms*  
30 min – R171
- ¾ Leg*  
45 min - R195
- Bikini - R110*
- ½ Leg and Bikini*  
60 min - R232
- Full Leg*  
60 min - R232
- Full Leg and Bikini*  
90 min - R310
- Lip/Chin/Brow or Stomach*  
30 min - R65
- Lip & Chin Combo*  
30 min - R106
- Bikini or Underarm*  
30 min - R110
- Brazilian*  
45 min - R232
- Hollywood*  
60 min - R252

## ***Tints***

*Lash tint*

*30 min - R80*

*Brow tint*

*30 min - R70*

*Lash & Brow tint Combo*

*45 min - R130*

*Brow wax & tint Combo*

*45 min - R120*

## ***Body Treatments***

*This exfoliating body treatment will polish away dead skin cells and help to improve circulation, leaving you feeling energised and your skin softer and smoother.*

*Full Body Scrub & moisturize*

*45 min – R350*

*Full Body Scrub & Mask*

*60 min – R390*

## ***Sauna***

*15 minutes sauna session*

*R80*

*30 minutes sauna session*

*R130*

# *Spa Packages*

*Add a meal to your package with a Grillroom or Piza e Vino voucher – choice of R100, R200 or R250.*

***(The vouchers are not exchangeable for cash or credit)***

***Girlfriend's package – R700 (60min)***

*1x Hot Stone back, neck Massage - 30min*

*1x Mini Facial (Environ) - 30min*

***Countess package- R1150 (2 hours)***

*1x Aroma Full Body Massage - 60min*

*1x Mini Facial (Environ) - 30min*

*1x Express Pedicure or manicure - 30min*

***Gent's package- R955 (2 hours)***

*1x Gent's facial (Gatineau) - 30min*

*1x Swedish back, neck Massage - 30min*

*1x Gent's pedicure - 60min*